# CANES VOLLEYBALL

## Middle School

### CORE VALUES

**ALL in ALL the TIME**

Practice and play hard. Focus on and off the court

**Recognize & Embrace your Role**

Commit to your role on the team. Show up ready to learn and accept feedback.

**Communicate with Clarity & Kindness**

Talk to your coaches and teammates, NOT about them. Be clear and kind.

**Have FUN!!**

### PHILOSOPHY

Centers on building players up to recognize their full potential while fostering a deep respect for others. Teaching players to have a mindset of putting values into action; on the court, in the classroom and within the community. Strive to help players to grow not only as athletes, but as confident, respectful individuals who understand the importance of effort, integrity and teamwork.

### Parent Communication

- Communication should be facilitated through the player to the coach first.
- If further communication is needed, email me to set up a meeting to discuss
- Do not speak to any coaches directly after a match regarding playing time/disagreements with coachin decisions (send an email the NEXT day, we will set up a meeting with our coaching staff within 3 days)

**8th Grade Head Coach - Emily Caves** 715-292-8098 ecaves@hayward.k12.wi.us

**7th Grade Head Coach - Tim Dillon** 715-699-0210 (Text preferable)

### Captains

- Two captains will be voted on per team by their teammates.
- Captains should be models of our core values and will be expected to lead the team well. Coaches c change the captains at any time.

### Practices

- Practices will run every day from 3:45 - 5:30PM except on game days or for exceptions lists on the attached calendar.
- Practices are MANDATORY! - NO EXCUSES. Make it a priority to be at every practice on time! Rea to go with nets up by 3:40PM.
- Items needed every practice: Indoor shoes, knee pads, water bottle, appropriate clothing, hair pulle back, jewelry off.
- You can NOT practice if you have missed school that day.

## Game Days

- Home Games
  - Arrive at the gym to set up nets, etc by 4:00PM unless otherwise stated on the schedule
  - During the school day dress in Canes apparel. NO JERSEYS
  - Both 7th & 8th grade teams will play at the same time 5:00PM
- Away Games
  - Early dismissal may be necessary for some games. Do NOT leave your class until an announcement is made for dismissal. Once dismissed, get your things and check in with the coaches in the Commons before getting on the bus.
  - If you are late for the bus departure time we will leave without you.
  - Be courteous to the bus driver and take everything you brought on at the end of the night. Expectation is to leave the bus cleaner than we got it.
  - Both 7th & 8th grade teams will play at the same time 5:00PM **unless otherwise stated on the calendar**
  - We will NOT be stopping at Kwik Trip at every away game. The coach will give a heads up to players on for the games we will be stopping for so they can plan funds accordingly.
  - Only parents/guardians are allowed to drive their player home from an away game unless prior planned with the coach and/or Billy Obrien 24hrs prior to game day.
  - The player MUST be signed out with the coach prior to leave the visiting school gym.

## Middle School Volleyball

### Fall 2026

### GAME SCHEDULE

| | | | Bus Departure / Arrive |
|---|---|---|---|
| Tues, 9/15 | 5 PM | **HOME vs. St. Croix Falls** | 4 PM |
| Tues, 9/22 | 5 PM | **HOME vs. Barron** | 4 PM |
| Thur, 9/24 | 5 PM | @ Bloomer | 2:45 PM |
| Mon, 9/28 | 5 PM | @ Unity | 2:45 PM |
| Tues, 9/29 | 5 PM | @ Chetek/Weyerhaeuser | 3:10 PM |
| Thur, 10/1 | 5 PM | **HOME vs. Cameron** | 4 PM |
| Thur, 10/8 | 5 PM | @ Spooner | 3:45 PM |
| Mon, 10/12 | 5 PM | **HOME vs. Cumberland** | 4 PM |
| Tues, 10/13 | 5 PM** | @ Ladysmith | 3:10 PM |
| Thur, 10/15 | 5 PM | **HOME vs. Rice Lake** | 4 PM |

** 7th grade plays at 5:00PM followed by 8th grade playing at approx 6:30PM.